

9 класс

Итоговая контрольная работа

Уровень A2\B1

Рекомендуемое время – 80 минут

Listening.

Вы услышите разговор двух друзей. Выберите цифру 1, 2 или 3, соответствующую выбранному вами варианту ответа. Вы услышите запись дважды.

1. In the cafe Nora and Simon are going to have:
 1. a fish soup.
 2. a meat salad.
 3. a vegetarian pizza.

2. Nora lives:
 1. close to the centre
 2. near the central stadium
 3. close to the zoo

3. Simon thinks that to study on the drama faculty Nora should:
 1. sing and dance well
 2. keep fit
 3. pay more attention to some school subjects

4. They decided that Nora would:
 1. buy some coke in the zoo
 2. pay half price for tickets
 3. pay back to Simon later

5. They chose vegetarian pizza because:
 1. Simon recommended it
 2. the café serves very tasty mushroom and cheese pizza.
 3. Nora doesn't eat meat.

6. They decided to see the zoo with:
 1. dangerous animals
 2. the pool for the dolphins
 3. monkeys.

I. Reading.

Read the text and find what paragraphs give answers to the following questions. Write your answers in the table below.

1. What are the complications of bad sleeping patterns?
2. What steps can prepare our bodies for going to sleep?
3. What is the impact of sleepless nights at exam time?

4. Why is sleep so important for people?
5. What can be dangerous about watching a movie late at night?
6. Which lesson should help children sleep well?
7. In what kind of environment do people usually sleep best?

A. It's common knowledge that people sleep best in a dark room that is slightly cool. It's important to close your blinds or curtains and make sure they're heavy enough to block out the light. You can add extra blankets or wear pyjamas if you're cold. Note that an uncomfortable bed, heat and noise can ruin a good night's sleep. A TV is also a distraction.

B. If you don't sleep enough or have a disturbed sleep you can get heart disease, high blood pressure and even diabetes. People who don't sleep enough get colds and flu more often than those who do. Moreover, recent research proves that poor sleepers gain weight more easily than people who sleep well. Extra kilos are the reaction of the body to the stressful sleepless situation.

C. Think twice before watching a movie late at night. Don't spend sleeping time on endless computer games. The thing is that by getting up and going to bed at the same time every day, even on weekends, you teach your body to follow a healthy regime. You'll quickly fall asleep, will have a good night's sleep and will wake up at the expected time feeling fresh and active.

D. Some easy steps can prepare your body for going to sleep. You probably have some regular bedtime habits, even if you don't realise it. Brushing your teeth, taking a shower, reading a book and setting your alarm clock may all be part of your evening routine. Remember that you should perform these activities in the same manner and in the same order every night.

E. Sleepless nights at exam time are very bad for students. If you prepare for your exam late at night, it will not improve your performance during the exam. On the contrary, it will affect your ability to concentrate, to react quickly and to analyse information. Recent research shows that the results of the tests written after sleepless nights are lower than usual grades.

F. If you think that during sleep, the brain rests, you're mistaken. It's a common myth about sleep. Sleep is definitely needed — but it's not your brain that needs to rest, it's your body that needs to relax. Your brain is still working when you're asleep, controlling physical functions like breathing and your heart beat. However, because the brain does not have to go through the constant stress of thinking, you get up refreshed and recharged.

Paragraph	A	B	C	D	E	F
Question						

II. Use of English

Vocabulary and Grammar. *Choose the correct variant.*

1. Doctors and nurses often ... people in community clinics.
 - a. help
 - b. helps
 - c. are helping
2. What ... about? I don't understand you.
 - a. do you talk
 - b. you talking
 - c. are you talking
3. Jane Evans, ... girl who won the race, is my schoolmate.
 - a. a
 - b. the
 - c. —
4. He picked ... a few Italian phrases while staying in Rome.

- a. up b. out c. at
5. Rain will ... the farmers' crops as the soil is very dry.
a. tame b. benefit c. capture
6. Charles Darwin was contemporary ... Karl Marx.
a. about b. from c. with
7. "Ivanhoe" is a famous ... novel by Walter Scott.
a. history b. historic c. historical
8. The state of war means that a country ... war on another country.
a. declares b. gives c. drops
9. What ... last weekend?
a. did you do b. you did c. do you do
10. Jack ... down the street when it began to rain.
a. walked b. has walked c. was walking
11. My mum is ... a bee – she works hard.
a. as b. like
12. I'm trying to cut ... on sweets.
a. out b. down c. from
13. All the people in the country ... in the war against the enemy.
a. united b. came c. inherited
14. My ... is to become the best doctor in the country.
a. place b. aim c. identity
15. The victory in the war ... the nation and made it more hopeful.
a. joined b. united c. brought
16. The President said that we need a new ... programme.
a. economy b. economical c. economic
17. When I got to the party, it
a. already started b. will already start c. had already started
18. I ... an umbrella if it rains.
a. takes b. will take c. took
19. I would like ... chicken and rice for dinner.
a. a b. the c. –
20. The whole family went ... a holiday to Florida.
a. at b. on c. for
21. Please, speak ..., I can't hear you.
a. for b. to c. up
22. All members of our club get special ... cards.
a. membership b. radical c. manliness
23. Caroline gave all her ... clothes to her younger sister.
a. cast-off b. notorious c. voluntary
24. One of Britain's most ... criminals escaped from prison.
a. notorious b. famous c. celebrated
25. The cottage ... a hundred years ago by my granddad.
a. builds b. was built c. built
26. ... Ireland is one of the two large islands of ... British Isles.
a. --, -- b. --, the c. the, the
27. We've had a great time at ... Natural History Museum in Washington, DC.

- a. -- b. a c. the
28. Please concentrate ... your homework and stop looking out of the window.
a. in b. at c. on
29. His jokes are always very
a. amusement b. amusing c. amused
30. ... is to look at something or somebody quickly.
a. To stare b. To glance c. To gaze
31. Not all people choose to have great weddings, some just register their ...
a. marriage b. marry c. married
32. My both parents work, but dad is the main ...
a. person b. bread c. breadwinner

Word Formation.

Horses have lived with people for centuries. They are
1. _____ and clever animals and they do lots of jobs for people.

**FRIEND
POSSIBLE**

In the past, horses were widely used in agriculture. Farming was
2. _____ without them.

Nowadays crops are grown and transported with 3. _____
machines but horses still play an important part in our life. Police officers
have to patrol some areas on horseback.

DIFFER

Horse riding has become a popular pastime in big cities where people's
life is 4. _____ and tense.

STRESS

In a riding club, a professional 5. _____ can teach
you how to ride a horse.

TRAIN

The lessons are quite expensive, but riding clubs sometimes offer free
lessons to people who help to take care of the
horses. If you really enjoy 6. _____ with these animals,
there is always a way!

COMMUNICATE

WRITING

You have received a letter from your English-speaking pen friend, Ben.

...I've just been to the zoo. What lovely animals are there! Bears, tigers and even sharks! When I look at them in the zoo I can hardly imagine that they could be dangerous or eat other animals...

... What do you think is better for animals – to live in the zoo or in the wild, why? What animals are common in your region? Have you ever seen any animal in the wild? ...

Write him a letter and answer her 3 questions. Write 100–120 words. Remember the rules of letter writing.